



Between Friends Inclusion Training

Join Between Friends in creating inclusive communities where everyone can *connect*, *grow*, and *belong*.

CONNECT Inclusion Training (Self-led Online)

Connect provides the foundation of understanding through 5 modules: inclusion, accessibility, communication, positive behaviour support, and sensory systems.

\$100/person

GROW Inclusion Training (Live Facilitation)

Grow aims to challenge attendees own biases and provides other practical strategies that build off from the *Connect* training. This training has 4 modules: empathy, ableism, intersectionality, adaptations, and includes case studies to put your new knowledge into practice.

*Add on Sessions Available

\$175/person \$1500 for a group of 10

***Contact us for pricing for larger groups**

BELONG Inclusion Training (Organizational Leaders)

Organizational commitment to Inclusive Practices

Focuses on systematic barriers to inclusion

Can include: policy & procedure reviews

***Contact us for pricing**

OUTCOMES OF INCLUSION TRAINING

Personal Development

- Exploration of personal bias and its influence on your work and interactions
- Recognize when you see and hear ableist practices

Work Practices

- How to incorporate accessibility and inclusion into planning and delivery of programs and services
- Use a variety of positive strategies to support people during difficult moments

Impact on Organizational Change

- Ability to act as a resource to organization and team members
- Critically reflect on your organization's policies and procedures.



Between Friends
connect • grow • belong