

Youth Programs

Summer 2023 Registration Guide



Registration
May 3
5:30 PM



Between Friends
connect • grow • belong

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You can find out more about each program and service in each section, or by visiting [our website](#).

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Main Line
403 269 9133



info@betweenfriends.ab.ca



Monday - Thursday
9:00 AM - 4:00 PM

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All Programs Calendar

Download a calendar with ALL programs and services



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How To Register

Before Registration Night

1

Decide the programs you want

2

Get your 2023 Membership

3

Test your member login

[Member Portal](#)

This season, you can register for a **maximum** of:

- 2 **W.E.S.O.A.R!** programs, and
- 2 **Adventurers** Day Trips, and
- 2 **Adventurers** Overnight Trips, and
- Unlimited **Special Events!**

Be prepared to have back-up program choices ready as our programs fill up quick!

Summer 2023 Registration Night: Wednesday, May 3, at 5:30 PM

By Phone



403 508 0110

Have your credit card ready

- Visa or Mastercard

Have your session choices ready

Call the Registration Line - 403 508 0110

- **The line will be open 5:30 - 6:30 PM on registration night**
- **Do not call the main line**

If you are sent to voicemail, **call back** - don't leave a message

- Leaving a voicemail does **not** confirm registration

OR

Online

[Member Portal](#)

Have your credit card ready

- Visa or Mastercard

Have your session choices ready

Log in or refresh the page at 5:30 PM

- **Programs will not show up before 5:30 PM**

If you have trouble, **call the Registration Line**

- (403 508 0110)

Program Fees

Paying for Programs

Fees for Between Friends programs are **due at the time of registration**. Credit card, cash, and cheque payments or a fee assistance form must be submitted within **five (5) business days** or your registration will be cancelled.

Fee Assistance

Between Friends does its best to make sure that every member who wants to attend programs is given the chance. In order to be accessible, we subsidize all programs for all participants. Additional Fee Assistance is available for a maximum of:

- 2 Between Friends **Adventurers** trips or programs, each season

Once your application is submitted, the Membership Team will review your application and contact you once a fee assistance amount has been calculated. For more information about our Fee Assistance Program or how to apply, please contact the [Membership Team](#).

[Apply for Fee Assistance Here](#)



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info@betweenfriends.ab.ca



Monday - Thursday
9:00 AM - 4:00 PM

Important Information

Program Cancellation

To cancel registration you must contact info@betweenfriends.ab.ca. A **15% fee** will apply to all cancellations. Refunds will be provided only when vacancies can be filled, and the office is notified of the cancellation.

If a program is canceled due to low registration, you may transfer to another program if space is available, or receive a full refund. We will contact you prior to the start date of the program if cancellation is necessary.



Respect Policy

A safe and welcoming space is a shared community responsibility. We expect our members, parents, guardians, caregivers, and support persons to treat Between Friends personnel with respect and dignity.

Behaviors that make anyone feel unwelcome or unsafe will not be tolerated and appropriate steps will be taken to address these behaviors. Between Friends reserves the right to remove anyone not contributing to a safe and welcoming environment from current/future programs and membership.

Thank you for helping us create a community that is inclusive, respectful, safe, and kind.



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info@betweenfriends.ab.ca



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About Special Events

Registration
May 3
5:30 PM

Summer **Special Events** 2023

Our **Special Events** are one-time events that happen throughout the year. Most of these programs have a fee, but our **dances/parties** are free as a perk of your membership!

In-Program Support

The amount of participants in each **Special Event** will vary, so make sure you check the "Capacity" in the information table. **Special Events** operate at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact the [Membership Team](#).

What are those stars under each special event?

Great question! The stars are to help you choose the right event for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

Have Questions?

Our Membership Team has answers! Here's how to contact them:



403 269 9133



info@betweenfriends.ab.ca



Monday - Thursday
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Special Events



Awards & AGM Ceremony

Join us on Saturday, May 27 as we celebrate our accomplishments and personnel, donor, and subcontractor awards for 2022. This event will be held in-person with a special celebration of our 40th Anniversary.

Mark this date in your calendar. This event will not be available for registration at this time. A formal invite for all members and their families to come!

SAVE THE
DATE:
**Saturday,
May 27**

Social ★★

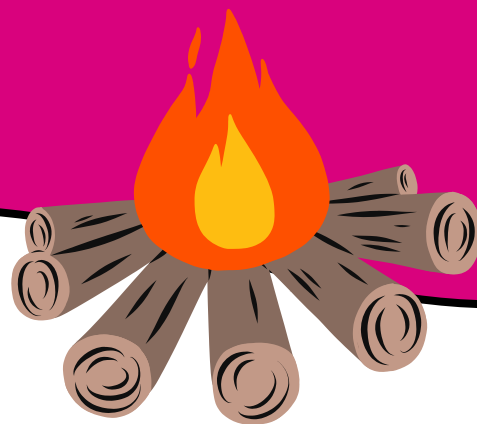
Personal Growth ★

Active ★

Skill Development ★★



Special Events



End of Summer Campfire

Ages
8-17

Celebrate the summer by coming down to Camp Bonaventure and enjoying dinner with your friends followed by a campfire with songs and skits performed by registrants and staff alike!

Cost	\$20
Day	Saturday, August 19
Time	5:30 - 8:00 PM
Location	Camp Bonaventure
Capacity	15 participants

Social ★★★★★

Personal Growth ★

Active ★★

Skill Development ★★



About Adventurers

Registration
May 3
5:30 PM

Summer **Adventurers** 2023

Our **Adventurers** trips offer you a chance to take a vacation! We offer a few different lengths of trips. Some are day trips, and some are overnights. Check out the information table next to each trip to learn more.

You'll notice the following symbols next to each trip. These symbols tell you about the type of trip:

Day Trips



Sleeping in Tents



Sleeping in a Hotel



In-Program Support

Each **Adventurers** trip will have up to 8 participants and 4 staff/volunteers. Trips typically operate at a 1:2 - 1:4 ratio.

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact the [Membership Team](#).

Trip Information In This Guide



We want our members to get the most out of their experience in our programs. In this guide, you will find detailed information about each **Adventurers** trip to assist you with deciding which trips will be the best fit for you.

We will tell you about:

- The general schedule
- Cost, dates, and location
- Ratings:
 - **Programming Level:** is the trip fast paced or low paced? Is there a lot of down time?
 - **Physical Accessibility:** the accessibility of the physical spaces on your trip
 - **Sensory Friendly:** is the environment noisy and bright? Or, is there space & time to recharge?



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What to Expect

NEW!

For each trip, you will find a **"What to Expect"** section. This will give you an overview about the trip's **Programming Level, Physical Accessibility, and Sensory Friendliness.**

The chart below gives you more information about what each of these ratings mean.

Ratings	Description	Levels
Programming Level	Is every single hour of the trip planned? Or, is there more time to relax and do my own thing? <ul style="list-style-type: none">• High paced = busy with only a little down time.• Medium paced = a mix of both.• Low paced = relaxed with lots of independent time.	High Paced Medium Paced Low Paced
Physical Accessibility	What's the environment like? Are the bathrooms accessible? Will we be traveling on rocky roads, smooth paths, or a bit of both?	Full Low See Description
Sensory Friendly	What is the sensory environment like? Are there lots of crowds, bright lights, and loud noises? Will there be quiet space to wind down?	Yes No See Description

Note: Our personnel will do their best to provide adaptations to support our members for their physical and sensory needs.



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Adventurers



Calaway Stay and Play

Ages
11-17

Let's play at Calaway Park! You'll be riding rides, playing carnival games, and watching some of their amazing live entertainment shows! For lunch, we'll set up a picnic and enjoy the sights and sounds. Don't forget to bring your money if you can't resist a funnel cake or want a souvenir from the gift shop! We will spend Friday night tenting at Calaway Park's very own campground.

Accessibility: there are accessible washroom facilities located throughout the park. Getting in and out of both the tents and rides may be less accessible, but our staff are trained in lifts and transfers.

Sensory friendly information: there may be crowds or noise while we are in the park.
Be prepared for the weather!

Cost	\$250
Dates	Friday, July 7 - Saturday, July 8
Length	2 days, 1 night
Location	Calaway Park
Sleeping	Tents
Capacity	8 participants

What to expect:

Programming Level	High Paced
Physical Accessibility	See Description
Sensory Friendly	See Description

Sleepover at Camp Bonaventure - July

Ages
11-17

Escape within the city at Camp Bonaventure! Join us for a relaxing weekend in nature and sleep under the stars. We will pitch our own tents, cook our meals over the fire or have a BBQ, play games, chat, and relax! We'll have different activities to choose from: camp games, tie dye shirts, arts and crafts, and more!

Accessibility: Camp Bonaventure has accessible washrooms and pathways, but getting in and out of a tent has lowered the physical accessibility rating. Staff are trained to assist.

Sensory friendly information: there are on-site sensory rooms.

Cost	\$250
Dates	Saturday, July 15 - Sunday, July 16
Length	2 days, 1 night
Location	Camp Bonaventure
Sleeping	Tents
Capacity	8 participants

What to expect:

Programming Level	Medium Paced
Physical Accessibility	Full
Sensory Friendly	Yes

Adventurers



Bow River Rafting



Ages
11-17

#GetYourLazyOn! Spend the day with us floating down the Bow River. We'll set off in the morning sun, have a picnic lunch on the shore, and maybe dip our toes in the water, or go for a swim. We will continue on our river adventure singing songs, taking pictures of the beautiful landscape and just being at peace with nature. The trip will finish at Prince's Island Park with a relaxing stroll.

Programming Level: relaxed and leisure

Accessibility: there may be some paddling and walking. We'll be entering and exiting the raft and the washroom facilities will vary.

Life jackets will be mandatory regardless of individual swimming strength.

Cost	\$100
Dates	Saturday, August 19
Time	9:30 - 4:30 PM
Location	Lazy Day Raft Rentals
Capacity	8 participants

What to expect:

Programming Level	Medium
Physical Accessibility	See Description
Sensory Friendly	Yes

Sleepover at Camp Bonaventure - September



Ages
11-17

Escape within the city at Camp Bonaventure! Join us for a relaxing weekend in nature and sleep under the stars. We will pitch our own tents, cook our meals over the fire or have a BBQ, play games, chat, and relax! We'll have different activities to choose from: camp games, tie dye T-shirts, arts and crafts, and more!

Accessibility: Camp Bonaventure has accessible washrooms and pathways, but getting in and out of a tent has lowered the physical accessibility rating. Staff are trained to assist.

Sensory Friendly: there are on-site sensory rooms.

Cost	\$250
Dates	Saturday, Sept 9 - Sunday, Sept 10
Length	2 days, 1 night
Location	Camp Bonaventure
Sleeping	Tents
Capacity	8 participants

What to expect:

Programming Level	Medium Paced
Physical Accessibility	Full
Sensory Friendly	Yes

Volunteering

Register
Anytime!

Volunteer in Training

Volunteer in Training (VIT) is a **free** service offered by Between Friends, that helps our members gain the skills they need to become volunteers.

VITs volunteer in a full session of either **W.E.S.O.A.R!** or **Camp Bonaventure**, and have the support of a VIT Leader. The VIT Leader will provide coaching support and ensure an inclusive learning environment so that VITs can develop the skills to confidently volunteer anywhere!



Volunteer with Us


Volunteering is a great way for anyone to join our programs. Whether you're a parent, guardian, sibling, friend, or even a member who is ready to volunteer independently, we would love to have you join the team!

Volunteers at **Camp Bonaventure** must be at least 12 years old, while volunteers in **W.E.S.O.A.R!** must be at least 16 years old. We have many more volunteer opportunities including **Special Events**, helping out in our garden, casino nights, and so much more!




Interested in Volunteering?

We'd love to have you! Reach out to our Membership Team to get started:

 403 269 9133

 info@betweenfriends.ab.ca

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9:00 AM - 4:00 PM



Ways You Can Give

Between Friends is where people with disabilities can feel connected, empowered, and have meaningful experiences through social and recreational programming. Consider giving today and help Between Friends continue to be a place where our participants can connect, grow and belong.

Visit: <https://betweenfriends.ab.ca/ways-to-give/>

Click the
circles to
learn more!



Build a Friends
in Motion
Team

Financial
Contribution

Legacy
Giving

Volunteer
With Us

Sponsor an
Event

Host a
Fundraiser

Skip the
Depot

Important Dates

Download a
calendar
of all
programs

MAY

May 3	Summer Program Registration @ 5:30 PM <ul style="list-style-type: none">Note - phone line registration option will be open from 5:30 - 6:30 PM
May 22	No Programs, Office Closed - Victoria Day
May 27	Awards & AGM Ceremony

JUNE

June 3	Between Friends Open House
June 4	Summer Programs Begin <ul style="list-style-type: none">Adventurers and Special Events

JULY

July 3	Camp Bonaventure Begins
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AUGUST

August 7	No Programs, Office Closed - Heritage Day
August 9	Youth Programs - Fall Registration Guide Released
August 10	End of Summer BBQ
August 23	Fall Program Registration @ 5:30 PM <ul style="list-style-type: none">Note - phone line registration option will be open from 5:30 - 6:30 PM



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Important Dates

[Download a
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MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Register Summer Programs	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21 No Program	22	23	24	25	26	27 Awards & AGM
28	29	30	31			

JUNE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Open House
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Camp B Begins	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AUGUST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 No Program	8	9 Fall Guide Out	10 End of Summer BBQ	11	12
13	14	15	16	17	18	19
20	21	22	23 Register Fall Programs	24	25	26
27	28	29	30	31		