



JOIN US!

SENSORY FRIENDLY DROP-IN

**KIDS CAN GET ACTIVE AND HAVE
FUN IN A SAFE, INCLUSIVE, AND
SENSORY-FRIENDLY SPACE!**

- Fun station rotations with different activities!
- Lesson plans and free time led by certified coaches!
- Participants can take breaks or leave the session at any time to ensure a comfortable & supportive experience.



Where: Glenmore Gymnastics Club (6404 6a St SE, Calgary, AB T2H 2B7)



Date: Every other Saturday, starting Oct. 19.



Times: 4 p.m. - 6 p.m. (inc. 10min break)



Price: \$20 insurance fee (gym rental fee covered by charity)



Only for participants with disabilities

Maximum **20** participants at each session by drop-in

For more information, please contact: adaptive@glenmoregymnastics.ca or mariapetryk3@gmail.com