

Red Deer Programs

Summer 2025 Registration Guide



Registration
April 30
5:30 PM



Between Friends
connect • grow • belong

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You can find out more about each program and service in each section, or by visiting [our website](#).

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Main Line
403 269 9133



info@betweenfriends.ab.ca



Monday - Thursday
9:00 AM - 4:00 PM

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Monday - Thursday
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How To Register

Before Registration Night

1 Decide the programs you want

2 Get your 2025 Membership

3 Test your member login

Member Portal

This season, you can register for a **maximum** of:

- 2 **W.E.S.O.A.R!** programs, and
- Unlimited **Special Events!**

Be prepared to have back-up program choices ready as our programs fill up quick!

Summer 2025 Registration Night: Wednesday, April 30, at 5:30 PM

By Phone

 **403 508 0110**

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Call the Registration Line - (403 508 0110)

- **The line will be open 5:30 - 6:30 PM on registration night**
- **Do not call the main line**

If you are sent to voicemail, **call back** - don't leave a message

- Leaving a voicemail does **not** confirm registration

OR

Online

Member Portal

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Log in or refresh the page at 5:30 PM

- **Programs will not show up before 5:30 PM**

If you have trouble, **call the Registration Line**

- (403 508 0110)

Program Fees

Paying for Programs

Fees for Between Friends programs are **due at the time of registration**. Credit card, cash, and cheque payments or a fee assistance form must be submitted within **five (5) business days** or your registration will be cancelled.

Fee Assistance

Between Friends does its best to make sure that every member who wants to attend programs is given the chance. In order to be accessible, we subsidize all programs for all participants. Additional Fee Assistance is available for a maximum of:

- 2 Between Friends **W.E.S.O.A.R!** programs, each season
- 2 Between Friends **Camp Bonaventure** sessions

Once your application is submitted, our team will review your application and contact you once a fee assistance amount has been calculated. For more information about our Fee Assistance Program or how to apply, please contact info@betweenfriends.ab.ca.

[Apply for Fee Assistance Here](#)



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info@betweenfriends.ab.ca



Monday - Thursday
9:00 AM - 4:00 PM

Important Information

Program Cancellation

To cancel registration you must contact info@betweenfriends.ab.ca. A **15% fee** will apply to all cancellations. Refunds will be provided only when vacancies can be filled, and the office is notified of the cancellation.

If a program is canceled due to low registration, you may transfer to another program if space is available, or receive a full refund. We will contact you prior to the start date of the program if cancellation is necessary.



Respect Policy

A safe and welcoming space is a shared community responsibility. We expect our members, parents, guardians, caregivers, and support persons to treat Between Friends personnel with respect and dignity.

Behaviors that make anyone feel unwelcome or unsafe will not be tolerated and appropriate steps will be taken to address these behaviors. Between Friends reserves the right to remove anyone not contributing to a safe and welcoming environment from current/future programs and membership.

Thank you for helping us create a community that is inclusive, respectful, safe, and kind.



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About W.E.S.O.A.R!

Registration
April 30
5:30 PM

Summer **W.E.S.O.A.R!** 2025


Our **W.E.S.O.A.R!** programs (Weekend & Evening Social Opportunities & Recreation) meet once a week for 1-3 hours to do a specific activity. Some of our programs do the same activity each week, and some programs change activities each week.

- Summer **W.E.S.O.A.R!** runs for 10 weeks: **June 1 - August 12**
- There will be **no programs** July 1, August 3 & 4

In-Program Support

Each of our **W.E.S.O.A.R!** programs have up to 10 participants, 1-2 staff, and 1-2 volunteers. **W.E.S.O.A.R!** runs at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact our office.



What are those stars under each program?

Great question! The stars are to help you choose the right program for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

Have Questions?

Our team has answers! Here's how to contact them:



403 269 9133



info@betweenfriends.ab.ca



Monday - Thursday
9:00 AM - 4:00 PM

W.E.S.O.A.R!

Ages 17+



Wednesday Night Bowling

Join us weekly for strikes, spares and a whole lot of cheers & laughs. Challenge yourself to beat your previous week's scores.

Cost	\$200 (\$10/day)
Day	Wednesdays
Dates	June 4 - August 6
No Program	N/A
Time	6:00 - 8:00 PM
Location	Heritage Lanes

Social ★★ ★

Personal Growth ★ ★

Active ★★ ★

Skill Development ★ ★

Friday Evening Escapes

Meet with your peers to explore the many sights and activities that our city has to offer. Program locations will be provided at least one week before the program.

Cost	\$200 (\$10/day)
Day	Fridays
Dates	June 6 - August 8
No Program	N/A
Time	6:00 - 8:00 PM
Location	Various Locations Around Red Deer

Social ★★ ★★

Personal Growth ★ ★

Active ★ ★

Skill Development ★ ★



About Special Events

Registration
April 30
5:30 PM

Summer **Special Events** 2025

Our **Special Events** are one-time events that happen throughout the year. Most of these programs have a fee, but our **dances/parties** are free as a perk of your membership!

In-Program Support

The amount of participants in each **Special Event** will vary, so make sure you check the "Capacity" in the information table. **Special Events** operate at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact our office.

What are those stars
under each special
event?

Great question! The stars are to help you choose the right event for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

Have Questions?

Our team has answers! Here's how to contact them:



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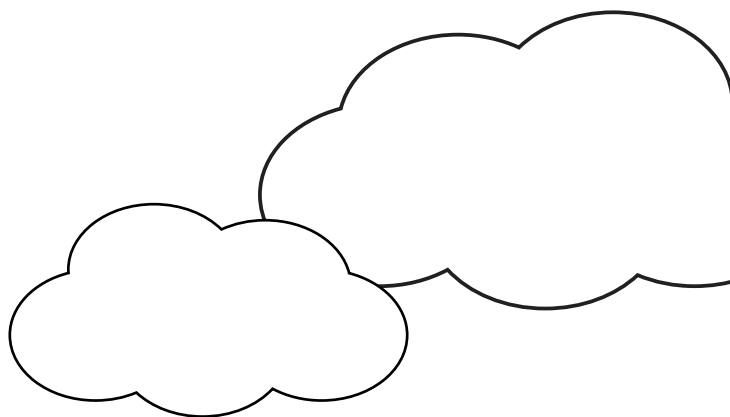
Monday - Thursday
9:00 AM - 4:00 PM

Special Events

End of Summer BBQ

Get ready to join the End of Summer festivities at Camp B! Let's gather 'round for some good times, laughter, and reminiscing on this year's memories. Get ready to eat a delicious BBQ dinner, jam out to music, and play games! This event is not just for our members, it's for their families and friends too! Watch your email for details!

**Save the
Date!**
August 13



Volunteering

Register
Anytime!

Volunteer with Us

Volunteering is a great way for anyone to join our programs. Whether you're a parent, guardian, sibling, friend, or even a member who is ready to volunteer independently, we would love to have you join the team!

Volunteers at **Camp Bonaventure** must be at least 12 years old, while volunteers in **W.E.S.O.A.R!** must be at least 16 years old. We have many more volunteer opportunities including **Special Events**, helping out in our garden, casino nights, and so much more!



Interested in Volunteering?

We'd love to have you! Reach out to our Membership Team to get started:



403 269 9133



volunteers@betweenfriends.ab.ca



Monday - Thursday
9:00 AM - 4:00 PM



Ways You Can Give

Between Friends is where people with disabilities can feel connected, empowered, and have meaningful experiences through social and recreational programming. Consider giving today and help Between Friends continue to be a place where our participants can connect, grow and belong.

Visit: <https://betweenfriends.ab.ca/ways-to-give/>

Click the
circles to
learn more!



Become a
Monthly Donor -
Join our
Circle of Friends

One Time
Donation

Legacy
Giving

Volunteer
With Us

Sponsor an
Event

Host a
Fundraiser

Skip the
Depot

Important Dates

APRIL

April 16	Summer Program Guides Released @ 9:00 AM
April 18 - 21	NO PROGRAMS & OFFICE CLOSED - Spring Break
April 30	Summer Program Registration @ 5:30 PM <ul style="list-style-type: none">Note - phone line registration option will be open from 5:30 - 6:30 PM

MAY

May 19	NO PROGRAMS & OFFICE CLOSED - Victoria Day
May 24	Awards & AGM

JUNE

June 1 - June 7	First week of Summer W.E.S.O.A.R! programs
June 30	First day of Camp Bonaventure

JULY

July 1	NO PROGRAMS & OFFICE CLOSED - Canada Day
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AUGUST

August 3-4	NO PROGRAMS & OFFICE CLOSED - Heritage Day
August 13	Fall Program Guides Released @ 9:00 AM
August 13	End of Summer BBQ at Camp Bonaventure
August 27	Fall Program Registration @ 5:30 PM <ul style="list-style-type: none">Note - phone line registration option will be open from 5:30 - 6:30 PM



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Important Dates

APRIL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Summer
Guides

No Programs

Office Closed

Summer
Register

MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Office
Closed

AGM &
Awards

JUNE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

W.E.S.O.A.R.I.
Starts

Camp
Info
Night

Camp
Starts

Important Dates

JULY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 No Programs	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						