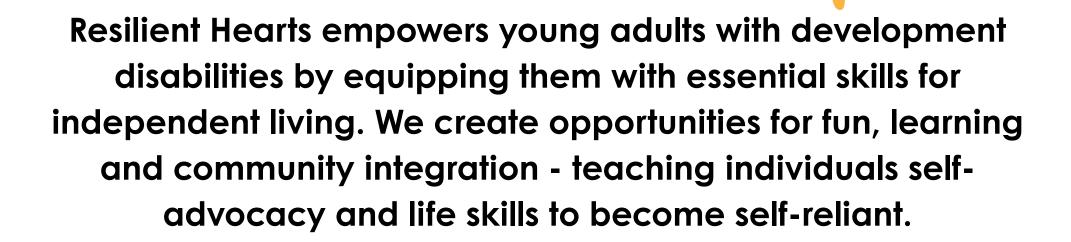


Resilient Hearts Empowering Hub



Get Support With:

- Life Skills Development
- Building Awareness
- Community Engagement
- Recreational Activities
- Volunteer Opportunities
- Arts & Crafts
- Employment Assistance
- Case Management
- Peer Support and Mentorship

Services Offerings:

- Life Skills Day Program
- Respite Services (Evening
 & Drop-in Respite)
- Sensory Room

Program Requirements:

- Be at least 16 years old
- Have a developmental or intellectual disability
- Able to pay service fee

*PDD and FSCD approved, but currently no direct billing, participants have to self-pay and request reimbursement

