





# WANT TO LEARN HOW TO SKATE?

Join Us for Our Research Study!

## Who can join:

- Youth Ages 6-11
- Anyone who identifies as having an Intellectual and/or Developmental Disability
  - Location:
    - Olympic Oval
  - Dates:
    - Thursday Evenings from Aug 7<sup>th</sup> to Sept 25th

Skates & Helmets will be provided

- Cost:
  - Free

# What you'll do:

- Attend weekly iceskating sessions for 8-weeks
- Fill out questionnaires and participate in a brief interview

#### **SCAN HERE TO REGISTER**



### **QUESTIONS?**

I'd love to chat! Email me at paige.collings@ucalgary.ca

This study has been approved by the University of Calgary conjoint research ethics board (REB25-0878)









