

Adult & Youth Programs

Fall 2025 Registration Guide
Red Deer



Registration
August 27
5:30 PM



Between Friends
connect • grow • belong

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You can find out more about each program and service in each section, or by visiting [our website](#).

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Main Line
403 269 9133



info@betweenfriends.ab.ca



Monday - Friday
9:00 AM - 4:00 PM

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How To Register

Before Registration Night

1 Decide the programs you want

2 Get your 2025 Membership

3 Test your member login

Member Portal

This season, you can register for a **maximum** of:

- 2 **W.E.S.O.A.R!** programs, and
- 1 **Adventurers** Overnight Trip, and
- Unlimited **Special Events!**

Be prepared to have back-up program choices ready as our programs fill up quick!

Fall 2025 Registration Night: Wednesday, August 27, at 5:30 PM

By Phone

 **403 508 0110**

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Call the Registration Line - (403 508 0110)

- **The line will be open 5:30 - 6:30 PM on registration night**
- **Do not call the main line**

If you are sent to voicemail, **call back** - don't leave a message

- Leaving a voicemail does **not** confirm registration

OR

Online

Member Portal 

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Log in or refresh the page at 5:30 PM

- **Programs will not show up before 5:30 PM**

If you have trouble, **call the Registration Line**

- (403 508 0110)

Program Fees

Paying for Programs

Fees for Between Friends programs are **due at the time of registration**. Credit card, cash, and cheque payments or a fee assistance form must be submitted within **five (5) business days** or your registration will be cancelled.

Fee Assistance

Between Friends does its best to make sure that every member who wants to attend programs is given the chance. In order to be accessible, we subsidize all programs for all participants. Additional Fee Assistance is available for a maximum of:

- 2 Between Friends **W.E.S.O.A.R!** programs, each season
- 2 Between Friends **Adventurers** trips or programs, each season

Once your application is submitted, our team will review your application and contact you once a fee assistance amount has been calculated. For more information about our Fee Assistance Program or how to apply, please contact info@betweenfriends.ab.ca.

[Apply for Fee Assistance Here](#)



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Important Information

Program Cancellation

To cancel registration you must contact info@betweenfriends.ab.ca. A **15% fee** will apply to all cancellations. Refunds will be provided only when vacancies can be filled, and **the office is notified of the cancellation**.

If a program is canceled due to low registration, you may transfer to another program if space is available, or receive a full refund. We will contact you prior to the start date of the program if cancellation is necessary.



Respect Policy

A safe and welcoming space is a shared community responsibility. We expect our members, parents, guardians, caregivers, and support persons to treat Between Friends personnel with respect and dignity.

Behaviors that make anyone feel unwelcome or unsafe will not be tolerated and appropriate steps will be taken to address these behaviors. Between Friends reserves the right to remove anyone not contributing to a safe and welcoming environment from current/future programs and membership.

Thank you for helping us create a community that is inclusive, respectful, safe, and kind.



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About W.E.S.O.A.R!

Registration
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Fall W.E.S.O.A.R! 2025


Our **W.E.S.O.A.R!** programs (Weekend & Evening Social Opportunities & Recreation) meet once a week for 1-3 hours to do a specific activity. Some of our programs do the same activity each week, and some programs change activities each week.

- Fall **W.E.S.O.A.R!** runs for 8 weeks: **September 21 - November 29**
- There will be **no programs** September 30, October 11-13, November 9-15

In-Program Support

Each of our **W.E.S.O.A.R!** programs have up to 10 participants, 1-2 staff, and 1-2 volunteers. **W.E.S.O.A.R!** runs at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact our office.



What are those stars under each program?

Great question! The stars are to help you choose the right program for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

Have Questions?

Our team has answers! Here's how to contact them:



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W.E.S.O.A.R!



Get Crafty

Ages
10-17

Get ready to create! Each session includes a new and unique kit containing a different craft and art style. This program offers the opportunity to have fun, get creative, and catch up with friends!

Cost	\$120 (\$15/day)
Day	Tuesday
Dates	September 23 - November 25
No Program	September 30 & November 11
Time	6:00 - 8:00 PM
Location	Center for Social Impact

Social ★★

Personal Growth ★★★

Active ★

Skill Development ★★★★★

Friday Evenings Escapes

Ages
17+

Each week we'll meet up to explore the many sights and activities that our city has to offer! Activity information will be provided to you in the schedule at least one week before the first session.

Cost	\$160 (\$20/day)
Day	Friday
Dates	September 26 - November 21
No Program	November 14
Time	6:00 - 8:00 PM
Location	Various Locations in Red Deer

Social ★★★★★

Personal Growth ★★

Active ★★

Skill Development ★★

Saturday Afternoon Adventures

Ages
10-17

Each week we'll meet up to explore the many sights and activities that our city has to offer! Activity information will be provided to you in the schedule at least one week before the first session.

Cost	\$160 (\$20/day)
Day	Saturday
Dates	September 27 - November 29
No Program	October 11 & November 15
Time	6:00 - 8:00 PM
Location	Various Locations in Red Deer

Social ★★★★★

Personal Growth ★★

Active ★★

Skill Development ★★

About Special Events

Registration
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Fall **Special Events** 2025

Our **Special Events** are one-time events that happen throughout the year. Most of these programs have a fee, but our **dances/parties** are free as a perk of your membership!

In-Program Support

The amount of participants in each **Special Event** will vary, so make sure you check the "Capacity" in the information table. **Special Events** operate at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact our office.

What are those stars
under each special
event?

Great question! The stars are to help you choose the right event for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

Have Questions?

Our team has answers! Here's how to contact them:



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Special Events

Afternoon at the Corn Maze

Ages
10-17

Get lost with us at the Corn Maze! We'll be heading to the Lacombe Corn Maze for a day of fun meeting animals, going on all the attractions (like a giant hill slide!), and, of course, finding our way out of the maze!

More information will be provided a week before the event.

Cost	\$40
Day	Saturday, September 20
Time	12:00 - 6:00 PM
Location	Lacombe Corn Maze
Capacity	10 Participants

Social ★★

Personal Growth ★

Active ★★★

Skill Development ★★



Special Events



Halloween Party

Ages
10+

Come dressed up in your favourite costume and celebrate Halloween with your friends!

Get ready to dance to some spooky tunes, create Halloween crafts, and, of course, indulge in some delicious treats!

Cost	Free
Day	Saturday, October 25
Time	6:00 - 8:00 PM
Location	Gaetz Memorial United Church
Capacity	20 Participants

Important Note

If you are unable to make it after you have registered, you must inform the office at least 48 hours before the party, or a \$10 fee will be applied to your account.

Social ★★ ★

Personal Growth ★

Active ★★

Skill Development ★

Winter Party

Ages
10+

Put on your coziest sweater and get ready to celebrate the winter with us!

We'll spend our evening making seasonal crafts, listening to holiday music, and playing games. We may even get a chance to visit the lights at City Hall Park!

Cost	Free
Day	Saturday, December 6
Time	6:00 - 8:00 PM
Location	Gaetz Memorial United Church
Capacity	20 Participants

Important Note

If you are unable to make it after you have registered, you must inform the office at least 48 hours before the party, or a \$10 fee will be applied to your account.

Social ★★ ★

Personal Growth ★

Active ★★

Skill Development ★



About Adventurers

Registration
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Fall **Adventurers** 2025

Our **Adventurers** trips offer you a chance to take a vacation! We offer a few different lengths of trips. Some are day trips, and some are overnights. Check out the information table next to each trip to learn more.

You'll notice the following symbols next to each trip. These symbols tell you about the type of trip:

Day Trips



Sleeping in Tents/Cabin



Sleeping in a Hotel/VRBO



In-Program Support

Each **Adventurers** trip will have up to 8 participants and 4 staff/volunteers. Trips typically operate at a 1:2 - 1:4 ratio.

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact [the office](#).

Trip Information In This Guide

We want our members to get the most out of their experience in our programs. In this guide, you will find detailed information about each **Adventurers** trip to assist you with deciding which trips will be the best fit for you.

We will tell you about:

- The general schedule
- Cost, dates, and location
- Ratings:
 - **Programming Level:** is the trip fast paced or low paced? Is there a lot of down time?
 - **Physical Accessibility:** the accessibility of the physical spaces on your trip
 - **Sensory Friendly:** is the environment noisy and bright? Or, is there space & time to recharge?



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What to Expect

Important

For each trip, you will find a **"What to Expect"** section. This will give you an overview about the trip's **Programming Level, Physical Accessibility, and Sensory Friendliness.**

The chart below gives you more information about what each of these ratings mean.

Ratings	Description	Levels
Programming Level	Is every single hour of the trip planned? Or, is there more time to relax and do my own thing? <ul style="list-style-type: none">• High paced = busy with only a little down time.• Medium paced = a mix of both.• Low paced = relaxed with lots of independent time.	High Paced Medium Paced Low Paced
Physical Accessibility	What's the environment like? Are the bathrooms accessible? Will we be traveling on rocky roads, smooth paths, or a bit of both?	Full Low See Description
Sensory Friendly	What is the sensory environment like? Are there lots of crowds, bright lights, and loud noises? Will there be quiet space to wind down?	Yes No See Description

Note: Our personnel will do their best to provide adaptations to support our members for their physical and sensory needs.



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Adventurers

Battle of Alberta: Between Friends Edition



Ages
10-17

We'll kick off the adventure by grabbing lunch and meeting some new friends from our Calgary Programs! Then we'll load a bus with our new friends, and head up to Edmonton for a night away from home! Get ready for an exciting trip!

Accessibility: all locations we are going to will be fully accessible

Cost	\$250
Dates	Sat. October 18 - Sun. October 19
Length	2 days, 1 night
Location	Edmonton, Alberta
Sleeping	Hotel
Capacity	8 participants

What to expect:

Programming Level	Medium
Physical Accessibility	Full
Sensory Friendly	Yes



Volunteering

Register
Anytime!

Volunteer with Us

Volunteering is a great way for anyone to join our programs. Whether you're a parent, guardian, sibling, friend, or even a member who is ready to volunteer independently, we would love to have you join the team!

Volunteers at **Camp Bonaventure** must be at least 15 years old, while volunteers in **W.E.S.O.A.R!** must be at least 16 years old. We have many more volunteer opportunities including **Special Events**, helping out in our garden, casino nights, and so much more!



Interested in Volunteering?

We'd love to have you! Sign up
below to get started:



[Better Impact Registration](#)



403 269 9133



volunteers@betweenfriends.ab.ca



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Ways You Can Give

Between Friends is where people with disabilities can feel connected, empowered, and have meaningful experiences through social and recreational programming. Consider giving today and help Between Friends continue to be a place where our participants can connect, grow and belong.

Visit: <https://betweenfriends.ab.ca/ways-to-give/>

Click the
circles to
learn more!



Become a
Monthly Donor -
Join our
Circle of Friends

One Time
Donation

Legacy
Giving

Volunteer
With Us

Join an
Event

Host a
Fundraiser

Skip the
Depot

Important Dates

AUGUST

August 13	Fall Program Guides Released @ 9:00 AM
August 27	Fall Program Registration @ 5:30 PM <ul style="list-style-type: none">Note - phone line registration option will be open from 5:30 - 6:30 PM

SEPTEMBER

September 1	OFFICE CLOSED - Labour Day
September 21 - 27	First week of W.E.S.O.A.R! programs
September 30	NO PROGRAMS & OFFICE CLOSED - National Day for Truth and Reconciliation

OCTOBER

October 11-13	NO PROGRAMS & OFFICE CLOSED - Thanksgiving Weekend
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NOVEMBER

November 9 -15	NO PROGRAMS & OFFICE CLOSED - Fall Break
November 29	Last day of Fall W.E.S.O.A.R!

DECEMBER

December 6	Last day of Fall Programs
December 20 - January 4	OFFICE CLOSED - Winter Holidays



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Important Dates

AUGUST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Office Closed	5	6	7	8	9
10	11	12	13 Fall Guides	14	15	16
17	18	19	20	21	22	23
24	25	26	27 Fall Register	28	29	30
31						

SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Office Closed	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30 No Program				

OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						