

# Be represented: Caregivers from visible minority and racialized communities, share your family's well-being experiences!

We want to learn about the positive and negative experiences that shape the well-being of families from **visible minority** groups who have **autistic youth** and **young adults**.

## YOU CAN TAKE PART IF YOU:

- ✓ Are a **caregiver** of an **autistic youth** or **young adult** (ages 10-30)
- ✓ Identify as part of a **visible minority** group (i.e., a **person of colour**)

[Click here or scan this QR code to participate!](#)



*Chance to win a \$100 gift card!*

## WHAT WILL I BE ASKED TO DO?

Complete an **online survey** (30-45 minutes) about:

- ✓ Your family's well-being
- ✓ Different factors that shape well-being - both the good and challenging parts
- ✓ How your cultural background relates to your family's experience living in Canada
- ✓ What it is like raising an autistic youth or young adult

## WHY PARTICIPATE?

- ✓ Your voice matters - help improve supports for visible minority groups and racialized communities
- ✓ Be part of a study that centers your experiences!

**Note:** The survey is in English. For studies not requiring English fluency, email us at [flourishingfamilies@yorku.ca](mailto:flourishingfamilies@yorku.ca) to learn more.