Youth Programs

Sponsored by Olympia Trust Company 2025 Holiday Registration Guide



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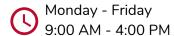


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How To Register

Before Registration Night

Decide the programs you want

Get your 2025 Membership

Member Portal

Test your member login

This season, you can register for a maximum of:

- 1 Adventurers Trip, and
- 2 Special Events, and
- The Jingle Bell Gala

Be prepared to have back-up program choices ready as our programs fill up quick!

Holiday 2025 Registration Night: Wednesday, November 19, at 5:30 PM

By Phone

403 508 0110

OR

Have your credit card ready

Visa or Mastercard

Have your program choices ready

Call the Registration Line - (403 508 0110)

- The line will be open 5:30 6:30 PM on registration night
- Do not call the main line

If you are sent to voicemail, **call back** - don't leave a message

Leaving a voicemail does not confirm registration

Online

Member Porta

Have your credit card ready

Visa or Mastercard

Have your program choices ready

Log in or refresh the page at 5:30 PM

 Programs will not show up before 5:30 PM

If you have trouble, **call the Registration Line**

(403 508 0110)

Program Fees

Paying for Programs

Fees for Between Friends programs are due at the time of registration. Credit card, cash, and cheque payments or a fee assistance form must be submitted within five (5) business days or your registration will be cancelled.

Fee Assistance

Between Friends does its best to make sure that every member who wants to attend programs is given the chance. In order to be accessible, we subsidize all programs for all participants. Additional Fee Assistance is available for a maximum of:

- 2 Between Friends W.E.S.O.A.R! programs, each season
- 2 Between Friends Adventurers trips or programs, each season
- 2 Between Friends Camp Bonaventure sessions

Once your application is submitted, our team will review your application and contact you once a fee assistance amount has been calculated. For more information about our Fee Assistance Program or how to apply, please contact info@betweenfriends.ab.ca.







Important Information

Program Cancellation

To cancel registration you must contact info@betweenfriends.ab.ca. A 15% fee will apply to all cancellations. Refunds will be provided only when vacancies can be filled, and the office is notified of the cancellation.

If a program is canceled due to low registration, you may transfer to another program if space is available, or receive a full refund. We will contact you prior to the start date of the program if cancellation is necessary.



Respect Policy

A safe and welcoming space is a shared community responsibility. We expect our members, parents, guardians, caregivers, and support persons to treat Between Friends personnel with respect and dignity.

Behaviors that make anyone feel unwelcome or unsafe will not be tolerated and appropriate steps will be taken to address these behaviors. Between Friends reserves the right to remove anyone not contributing to a safe and welcoming environment from current/future programs and membership.

Thank you for helping us create a community that is inclusive, respectful, safe, and kind.



About Special Events

Registration
November 19
5:30 PM

Holiday Special Events 2025

Our **Special Events** are one-time events that happen throughout the year. Most of these programs have a fee, but our **dances/parties** are free as a perk of your membership!

We hope you enjoy the 2025 Holiday Special Events, sponsored by Olympia Trust Company!



In-Program Support

The amount of participants in each **Special Event** will vary, so make sure you check the "Capacity" in the information table. **Special Events** operate at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact the <u>Membership Team</u>.

What are those stars under each special event?



Great question! The stars are to help you choose the right event for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (note: all programs are adapted for all levels of mobility)
Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

Have Questions?

Our Team has answers! Here's how to contact us:





Monday - Thursday 9:00 AM - 4:00 PM

Special Events

Important!

If you are unable to make it after you have registered for a free event, you must inform the office at least 48 hours before the event, or a \$10 fee will be applied to your account.

Wizard of Oz

Follow the Yellow Brick Road and join us over the rainbow this holiday season for the musical stage adaptation of L. Frank Baum's timeless classic, The Wizard of Oz.

Social ★ ★

Personal Growth ★ ★

Active ★

Cost

Day

Time

Location

Capacity

Skill Development ★

Free

Sunday, November 23

6:00 - 8:30 PM

Alberta Theatre Projects

8 participants

Holly Jolly Party

Get ready to sing your heart out, sip hot chocolate, and cozy up in front of a classic Christmas movie!

Come dressed in your most festive attire, bring your holiday spirit, and celebrate the season with friends, laughter, and plenty of cheer!

Social *	*	*

Personal Growth 🛨

Free Cost Friday, December 5 Day 6:00 - 9:00 PM Time Summit View United Church Location 10 participants Capacity

Active ★

Skill Development 🛨

Skate and Sip

Bundle up and join us for a magical winter afternoon at Bowness Park! Glide across the ice, then warm up with snacks and hot chocolate by the fire. Not a skater? No problem — hop on one of the ice bikes and join the fun!

Cost	Free
Day	Saturday, December 6
Time	1:00 - 3:00 PM
Location	Bowness Park
Capacity	8 participants

Social ★★★

Personal Growth 🖈

Active 🛨 🖈

Skill Development ★ 🛧

Special Events

Jingle Bell Gala

Join us for an afternoon of festive cheer, as we celebrate the end of the year in style. You can expect some light refreshments, entertainment for all the family, and perhaps a couple of magic moments!

Each registered Between Friends participant may bring up to 2 guests with them. Information about these guests will be collected at registration. For additional guests, please reach out to info@betweenfriends.ab.ca.

Cost	Free
Day	Sunday, December 14
Time	1:30 - 4:00 PM
Location	TBA (Marda Loop Area)
Capacity	150 (including guests)

Important Note

If you are unable to make it after you have registered, you must inform the office at least 48 hours before the event, or a \$10 fee will be applied to your account.



About Adventurers

Registration
November 19
5:30 PM

Holiday Adventurers 2025

Our Adventurers trips offer you a chance to take a vacation! We offer a few different lengths of trips. Some are day trips, and some are overnights. Check out the information table next to each trip to learn more.

You'll notice the following symbols next to each trip. These symbols tell you about the type of trip:

Day Trips

Sleeping in Tents/Cabin

Sleeping in a Hotel/VRBO







In-Program Support

Each Adventurers trip will have up to 8 participants and 4 staff/volunteers. Trips typically operate at a 1:2 - 1:4 ratio.

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact the office.

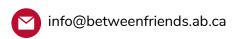
Trip Information In This Guide

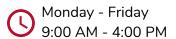
We want our members to get the most out of their experience in our programs. In this guide, you will find detailed information about each **Adventurers** trip to assist you with deciding which trips will be the best fit for you.

We will tell you about:

- The general schedule
- Cost, dates, and location
- Ratings:
 - Programming Level: is the trip fast paced or low paced? Is there a lot of down time?
 - o Physical Accessibility: the accessibility of the physical spaces on your trip
 - Sensory Friendly: is the environment noisy and bright? Or, is there space & time to recharge?







What to Expect

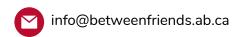


For each trip, you will find a "What to Expect" section. This will give you an overview about the trip's Programming Level, Physical Accessibility, and Sensory Friendliness.

The chart below gives you more information about what each of these ratings mean.

Ratings	Description	Levels
Programming Level	 Is every single hour of the trip planned? Or, is there more time to relax and do my own thing? High paced = busy with only a little down time. Medium paced = a mix of both. Low paced = relaxed with lots of independent time. 	High Paced Medium Paced Low Paced
Physical Accessibility	What's the environment like? Are the bathrooms accessible? Will we be traveling on rocky roads, smooth paths, or a bit of both?	Full Low See Description
Sensory Friendly	What is the sensory environment like? Are there lots of crowds, bright lights, and loud noises? Will there be quiet space to wind down?	Yes No See Description

Note: Our personnel will do their best to provide adaptations to support our members for their physical and sensory needs.



Adventurers

Ages 12 - 17



Join us at Stage West to watch the story of Addison and Taylor and their family as they celebrate the the simple ways that Christmas can bring people together and remind us of the most important things in life after being snowed in on Christmas Eve.

Sensory Information: There will be crowds, and the music in the show may be loud.



Cost	\$50
Dates	Monday December 1
Time	5:30 - 8:00 PM
Location	Stage West Theatre
Capacity	8 participants

What to expect:

Programming Level	Low
Physical Accessibility	Full
Sensory Friendly	See Description

Deck the Halls & Craft It All



Get creative this holiday season at Pinnovate!

Join us for a fun-filled Christmas craft session where you can make your own festive craft to take home.

Come ready to craft, create, and get a little messy—it's all part of the fun!

Cost	\$50
Dates	Saturday, December 13
Time	4:00 - 6:00 PM
Location	Pinnovate
Capacity	10 participants

What to expect:

Programming Level	Low
Physical Accessibility	Full
Sensory Friendly	Yes

Adventurers

Ages 12 - 17

Petey Paan's Christmas Pirate Adventure

Petey Paan is living free in the land where you never grow old, but the Pirates on their ship aren't fans of Petey Paan's games. In fact, they might want to cancel Christmas altogether. Come join the adventure as Petey has to find a way to create peace on earth and do goodwill toward Pirate men, but before he does... there might be some sword fights.

Sensory Information: The show and the crowd may be loud. There will also be sword fights which could create flashing lights or sharp noises.

Cost	\$100
Dates	Sunday, December 7
Time	10:30 AM - 2:00 PM
Location	Jubilations Dinner Theatre
Capacity	8 participants

What to expect:

Programming Level	Low
Physical Accessibility	Full
Sensory Friendly	See Description



Volunteering

Register Anytime!

Volunteer in Training

Volunteer in Training (VIT) is a **free** service offered by Between Friends, that helps our members gain the skills they need to become volunteers.

VITs volunteer in a full session of either W.E.S.O.A.R! or Camp Bonaventure, and have the support of a VIT Leader. The VIT Leader will provide coaching support and ensure an inclusive learning environment so that VITs can develop the skills to confidently volunteer anywhere!



Email volunteers@betweenfriends.ab.ca to get started!

Volunteer with Us

Volunteering is a great way for anyone to join our programs. Whether you're a parent, guardian, sibling, friend, or even a member who is ready to volunteer independently, we would love to have you join the team!

Volunteers at Camp Bonaventure must be at least 12 years old, while volunteers in W.E.S.O.A.R! must be at least 16 years old. We have many more volunteer opportunities including Special Events, helping out in our garden, casino nights, and so much more!

Interested in Volunteering?

We'd love to have you! Sign up below to get started:



Camp B Registration



W.E.SO.A.R! Registration



403 269 9133



volunteers@betweenfriends.ab.ca

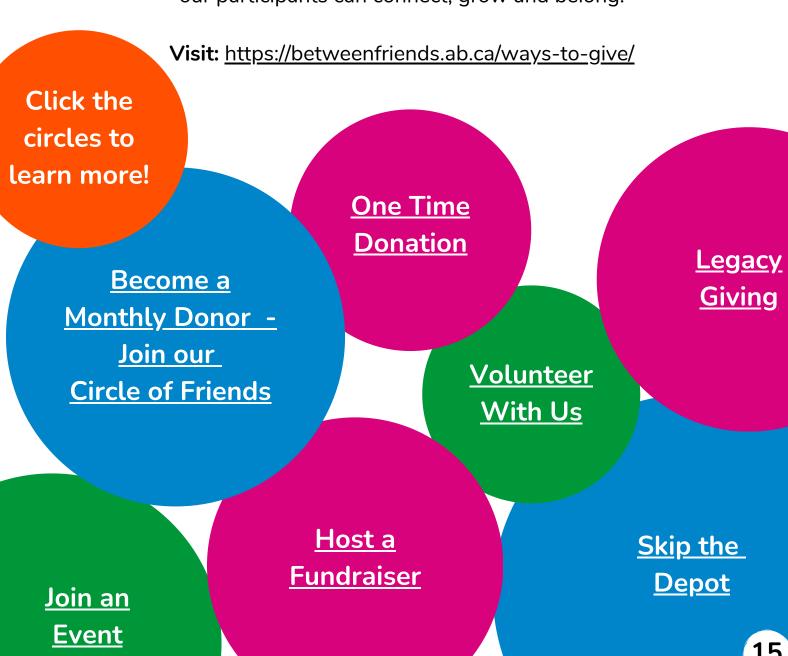


Monday - Friday 9:00 AM - 4:00 PM



Ways You Can Give

Between Friends is where people with disabilities can feel connected, empowered, and have meaningful experiences through social and recreational programming. Consider giving today and help Between Friends continue to be a place where our participants can connect, grow and belong.



Important Dates

NOVEMBER

November 9-15	NO PROGRAMS - Reading Week
November 11	OFFICE CLOSED - Remembrance Day
November 15	Holiday Program Registration @ 5:30 PM • Note - phone line registration option will be open from 5:30 - 6:30 PM

DECEMBER

December 1 - 14	Holiday Programs Running
December 14	Jingle Bell Gala
December 17	Winter Program Guides Released
December 20 - January 4	NO PROGRAMS, OFFICE CLOSED - Winter Holidays

JANUARY

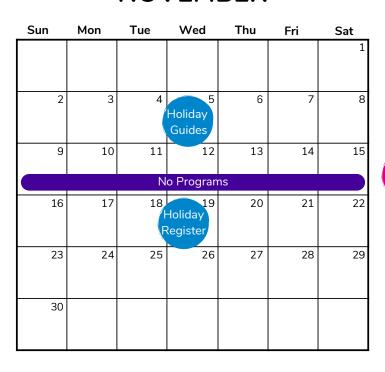
January 5 - 9	Membership Registration Week
January 14	 Winter Program Registration @ 5:30 PM Note - phone line registration option will be open from 5:30 - 6:30 PM
January 21	Camp Bonaventure Program Guides Released



Important Dates

NOVEMBER

DECEMBER





JANUARY

