

Youth Programs

Sponsored by Olympia Trust Company
2025 Holiday Registration Guide
Calgary



Registration
November 19
5:30 PM



Between Friends
connect • grow • belong

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You can find out more about each program and service in each section, or by visiting [our website](#).

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Main Line
403 269 9133



info@betweenfriends.ab.ca



Monday - Friday
9:00 AM - 4:00 PM

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Main Line
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Monday - Friday
9:00 AM - 4:00 PM

How To Register

Before Registration Night

1

Decide the programs you want

2

Get your 2025 Membership

3

Test your member login

[Member Portal](#)

This season, you can register for a **maximum** of:

- 1 **Adventurers** Trip, and
- 2 **Special Events**, and
- The **Jingle Bell Gala**

Be prepared to have back-up program choices ready as our programs fill up quick!

Holiday 2025 Registration Night: Wednesday, November 19, at 5:30 PM

By Phone



403 508 0110

OR

Online

[Member Portal](#)



Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Call the Registration Line - (403 508 0110)

- **The line will be open 5:30 - 6:30 PM on registration night**
- **Do not call the main line**

If you are sent to voicemail, **call back** - don't leave a message

- Leaving a voicemail does **not** confirm registration

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Log in or refresh the page at 5:30 PM

- **Programs will not show up before 5:30 PM**

If you have trouble, **call the Registration Line**

- (403 508 0110)

Program Fees

Paying for Programs

Fees for Between Friends programs are **due at the time of registration**. Credit card, cash, and cheque payments or a fee assistance form must be submitted within **five (5) business days** or your registration will be cancelled.

Fee Assistance

Between Friends does its best to make sure that every member who wants to attend programs is given the chance. In order to be accessible, we subsidize all programs for all participants. Additional Fee Assistance is available for a maximum of:

- 2 Between Friends **W.E.S.O.A.R!** programs, each season
- 2 Between Friends **Adventurers** trips or programs, each season
- 2 Between Friends **Camp Bonaventure** sessions

Once your application is submitted, our team will review your application and contact you once a fee assistance amount has been calculated. For more information about our Fee Assistance Program or how to apply, please contact info@betweenfriends.ab.ca.

[Apply for Fee Assistance Here](#)



Main Line
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info@betweenfriends.ab.ca



Monday - Friday
9:00 AM - 4:00 PM

Important Information

Program Cancellation

To cancel registration you must contact info@betweenfriends.ab.ca. A **15% fee** will apply to all cancellations. Refunds will be provided only when vacancies can be filled, and the office is notified of the cancellation.

If a program is canceled due to low registration, you may transfer to another program if space is available, or receive a full refund. We will contact you prior to the start date of the program if cancellation is necessary.



Respect Policy

A safe and welcoming space is a shared community responsibility. We expect our members, parents, guardians, caregivers, and support persons to treat Between Friends personnel with respect and dignity.

Behaviors that make anyone feel unwelcome or unsafe will not be tolerated and appropriate steps will be taken to address these behaviors. Between Friends reserves the right to remove anyone not contributing to a safe and welcoming environment from current/future programs and membership.

Thank you for helping us create a community that is inclusive, respectful, safe, and kind.



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About Special Events

Registration
November 19
5:30 PM

Holiday **Special Events** 2025

Our **Special Events** are one-time events that happen throughout the year. Most of these programs have a fee, but our **dances/parties** are free as a perk of your membership!



We hope you enjoy the 2025 Holiday Special Events, sponsored by Olympia Trust Company!



In-Program Support

The amount of participants in each **Special Event** will vary, so make sure you check the "Capacity" in the information table. **Special Events** operate at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact the [Membership Team](#).

What are those stars under each special event?

Great question! The stars are to help you choose the right event for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!



Have Questions?

Our Team has answers! Here's how to contact us:



403 269 9133



info@betweenfriends.ab.ca



Monday - Thursday
9:00 AM - 4:00 PM

Special Events

Important!

If you are unable to make it after you have registered for a free event, you must inform the office at least 48 hours before the event, or a \$10 fee will be applied to your account.

Wizard of Oz

Ages
10-17

Follow the Yellow Brick Road and join us over the rainbow this holiday season for the musical stage adaptation of L. Frank Baum's timeless classic, The Wizard of Oz.

Cost	Free
Day	Sunday, November 23
Time	6:00 - 8:30 PM
Location	Alberta Theatre Projects
Capacity	8 participants

Social ★★

Personal Growth ★★

Active ★

Skill Development ★

Holly Jolly Party

Ages
7-17

Get ready to sing your heart out, sip hot chocolate, and cozy up in front of a classic Christmas movie!

Come dressed in your most festive attire, bring your holiday spirit, and celebrate the season with friends, laughter, and plenty of cheer!

Cost	Free
Day	Friday, December 5
Time	6:00 - 9:00 PM
Location	Summit View United Church
Capacity	10 participants

Social ★★★★★

Personal Growth ★

Active ★

Skill Development ★

Skate and Sip

Ages
7-17

Bundle up and join us for a magical winter afternoon at Bowness Park! Glide across the ice, then warm up with snacks and hot chocolate by the fire. Not a skater? No problem — hop on one of the ice bikes and join the fun!

Cost	Free
Day	Saturday, December 6
Time	1:00 - 3:00 PM
Location	Bowness Park
Capacity	8 participants

Social ★★★★★

Personal Growth ★★

Active ★★★★★

Skill Development ★★

Special Events

Jingle Bell Gala

Join us for an afternoon of festive cheer, as we celebrate the end of the year in style. You can expect some light refreshments, entertainment for all the family, and perhaps a couple of magic moments!

Each registered Between Friends participant may bring up to 2 guests with them. Information about these guests will be collected at registration. For additional guests, please reach out to info@betweenfriends.ab.ca.

Cost	Free
Day	Sunday, December 14
Time	1:30 - 4:00 PM
Location	TBA (Marda Loop Area)
Capacity	150 (including guests)

Important Note

If you are unable to make it after you have registered, you must inform the office at least 48 hours before the event, or a \$10 fee will be applied to your account.



About Adventurers

Registration
November 19
5:30 PM

Holiday **Adventurers** 2025

Our **Adventurers** trips offer you a chance to take a vacation! We offer a few different lengths of trips. Some are day trips, and some are overnights. Check out the information table next to each trip to learn more.

You'll notice the following symbols next to each trip. These symbols tell you about the type of trip:

Day Trips



Sleeping in Tents/Cabin



Sleeping in a Hotel/VRBO



In-Program Support

Each **Adventurers** trip will have up to 8 participants and 4 staff/volunteers. Trips typically operate at a 1:2 - 1:4 ratio.

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact [the office](#).

Trip Information In This Guide

We want our members to get the most out of their experience in our programs. In this guide, you will find detailed information about each **Adventurers** trip to assist you with deciding which trips will be the best fit for you.

We will tell you about:

- The general schedule
- Cost, dates, and location
- Ratings:
 - **Programming Level:** is the trip fast paced or low paced? Is there a lot of down time?
 - **Physical Accessibility:** the accessibility of the physical spaces on your trip
 - **Sensory Friendly:** is the environment noisy and bright? Or, is there space & time to recharge?



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403 269 9133



info@betweenfriends.ab.ca



Monday - Friday
9:00 AM - 4:00 PM

What to Expect

Important

For each trip, you will find a **"What to Expect"** section. This will give you an overview about the trip's **Programming Level, Physical Accessibility, and Sensory Friendliness.**

The chart below gives you more information about what each of these ratings mean.

Ratings	Description	Levels
Programming Level	Is every single hour of the trip planned? Or, is there more time to relax and do my own thing? • High paced = busy with only a little down time. • Medium paced = a mix of both. • Low paced = relaxed with lots of independent time.	High Paced Medium Paced Low Paced
Physical Accessibility	What's the environment like? Are the bathrooms accessible? Will we be traveling on rocky roads, smooth paths, or a bit of both?	Full Low See Description
Sensory Friendly	What is the sensory environment like? Are there lots of crowds, bright lights, and loud noises? Will there be quiet space to wind down?	Yes No See Description

Note: Our personnel will do their best to provide adaptations to support our members for their physical and sensory needs.



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Adventurers

Ages 12 - 17



Let It Snow!

Let It Snow! Let It Snow!

Join us at Stage West to watch the story of Addison and Taylor and their family as they celebrate the simple ways that Christmas can bring people together and remind us of the most important things in life after being snowed in on Christmas Eve.

Sensory Information: There will be crowds, and the music in the show may be loud.

Cost	\$50
Dates	Monday December 1
Time	5:30 - 8:00 PM
Location	Stage West Theatre
Capacity	8 participants

What to expect:

Programming Level	Low
Physical Accessibility	Full
Sensory Friendly	See Description

Deck the Halls & Craft It All

Get creative this holiday season at Pinnovate!

Join us for a fun-filled Christmas craft session where you can make your own festive craft to take home.

Come ready to craft, create, and get a little messy — it's all part of the fun!

Cost	\$50
Dates	Saturday, December 13
Time	4:00 - 6:00 PM
Location	Pinnovate
Capacity	10 participants

What to expect:

Programming Level	Low
Physical Accessibility	Full
Sensory Friendly	Yes

Adventurers

Ages 12 - 17

Petey Paan's Christmas Pirate Adventure

Petey Paan is living free in the land where you never grow old, but the Pirates on their ship aren't fans of Petey Paan's games. In fact, they might want to cancel Christmas altogether. Come join the adventure as Petey has to find a way to create peace on earth and do goodwill toward Pirate men, but before he does... there might be some sword fights.

Sensory Information: The show and the crowd may be loud. There will also be sword fights which could create flashing lights or sharp noises.

Cost	\$100
Dates	Sunday, December 7
Time	10:30 AM - 2:00 PM
Location	Jubilations Dinner Theatre
Capacity	8 participants

What to expect:

Programming Level	Low
Physical Accessibility	Full
Sensory Friendly	See Description



Volunteering

Register
Anytime!

Volunteer in Training

Volunteer in Training (**VIT**) is a **free** service offered by Between Friends, that helps our members gain the skills they need to become volunteers.

VITs volunteer in a full session of either **W.E.S.O.A.R!** or **Camp Bonaventure**, and have the support of a VIT Leader. The VIT Leader will provide coaching support and ensure an inclusive learning environment so that **VITs** can develop the skills to confidently volunteer anywhere!



Email volunteers@betweenfriends.ab.ca to get started!

Volunteer with Us

Volunteering is a great way for anyone to join our programs. Whether you're a parent, guardian, sibling, friend, or even a member who is ready to volunteer independently, we would love to have you join the team!

Volunteers at **Camp Bonaventure** must be at least 12 years old, while volunteers in **W.E.S.O.A.R!** must be at least 16 years old. We have many more volunteer opportunities including **Special Events**, helping out in our garden, casino nights, and so much more!

Interested in Volunteering?

We'd love to have you! Sign up
below to get started:



[Camp B Registration](#)



[W.E.S.O.A.R! Registration](#)



403 269 9133



volunteers@betweenfriends.ab.ca



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Ways You Can Give

Between Friends is where people with disabilities can feel connected, empowered, and have meaningful experiences through social and recreational programming. Consider giving today and help Between Friends continue to be a place where our participants can connect, grow and belong.

Visit: <https://betweenfriends.ab.ca/ways-to-give/>

Click the
circles to
learn more!

Become a
Monthly Donor -
Join our
Circle of Friends

One Time
Donation

Legacy
Giving

Volunteer
With Us

Join an
Event

Host a
Fundraiser

Skip the
Depot

Important Dates

NOVEMBER

November 9-15	NO PROGRAMS - Reading Week
November 11	OFFICE CLOSED - Remembrance Day
November 15	Holiday Program Registration @ 5:30 PM Note - phone line registration option will be open from 5:30 - 6:30 PM

DECEMBER

December 1 - 14	Holiday Programs Running
December 14	Jingle Bell Gala
December 17	Winter Program Guides Released
December 20 - January 4	NO PROGRAMS, OFFICE CLOSED - Winter Holidays

JANUARY

January 5 - 9	Membership Registration Week
January 14	Winter Program Registration @ 5:30 PM Note - phone line registration option will be open from 5:30 - 6:30 PM
January 21	Camp Bonaventure Program Guides Released



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Important Dates

NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
			Holiday Guides			
9	10	11	12	13	14	15
No Programs						
16	17	18	19	20	21	22
			Holiday Register			
23	24	25	26	27	28	29
30						

DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	<- Holiday Events ->					
7	8	9	10	11	12	13
	<- Holiday Events ->					
14	15	16	17	18	19	20
Jingle Bell Gala			Winter Guides			
21	22	23	24	25	26	27
Office Closed						
28	29	30	31			
Office Closed						

JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				Office Closed		
4	5	6	7	8	9	10
	Membership Registration Week					
11	12	13	14	15	16	17
			Winter Register			
18	19	20	21	22	23	24
			Camp Guides			
25	26	27	28	29	30	31