

Youth Programs

Spring 2026 Registration Guide

Calgary



Registration
March 25
5:30 PM



Between Friends
connect • grow • belong

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You can find out more about each program and service in each section, or by visiting [our website](#).



How to Register

A step-by-step guide to registering for your programs



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Cancellation policy and respect policy



W.E.S.O.A.R!

Weekend & Evening Social Opportunities, Activities & Recreation



Special Events

One-time events to celebrate seasonal festive fun!



Main Line
403 269 9133



info@betweenfriends.ab.ca



Monday - Friday
9:00 AM - 4:00 PM

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How To Register

Before Registration Night

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Decide the programs you want

2

Get your 2026 Membership

3

Test your member login

[Member Portal](#)

This season, you can register for a **maximum** of:

- 2 **Adventurers** Day Trips, and
- 2 **Adventurers** Overnight Trips, and
- Unlimited **Special Events!**

Be prepared to have back-up program choices ready as our programs fill up quick!

Spring 2026 Registration Night: Wednesday, March 25, at 5:30 PM

By Phone

 403 508 0110

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Call the Registration Line - (403) 508 0110

- **The line will be open 5:30 - 6:30 PM on registration night**
- **Do not call the main line**

If you are sent to voicemail, **call back** - don't leave a message

- Leaving a voicemail does **not** confirm registration

OR

Online

[Member Portal](#)

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Log in or refresh the page at 5:30 PM

- **Programs will not show up before 5:30 PM**

If you have trouble, **call the Registration Line**

- (403 508 0110)

Program Fees

Paying for Programs

Fees for Between Friends programs are **due at the time of registration**. Credit card, cash, and cheque payments or a fee assistance form must be submitted within **five (5) business days** or your registration will be cancelled.

Fee Assistance

Between Friends does its best to make sure that every member who wants to attend programs is given the chance. In order to be accessible, we subsidize all programs for all participants. Additional Fee Assistance is available for a maximum of:

- 2 Between Friends **Adventurers** trips or programs, each season

Once your application is submitted, our team will review your application and contact you once a fee assistance amount has been calculated. For more information about our Fee Assistance Program or how to apply, please contact info@betweenfriends.ab.ca.

[Apply for Fee Assistance Here](#)



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Important Information

Program Cancellation

To cancel registration you must contact info@betweenfriends.ab.ca. A **15% fee** will apply to all cancellations. Refunds will be provided only when vacancies can be filled, and the office is notified of the cancellation.

If a program is cancelled due to low registration, you may transfer to another program if space is available, or receive a full refund. We will contact you prior to the start date of the program if cancellation is necessary.



Respect Policy

A safe and welcoming space is a shared community responsibility. We expect our members, parents, guardians, caregivers, and support persons to treat Between Friends personnel with respect and dignity.

Behaviours that make anyone feel unwelcome or unsafe will not be tolerated and appropriate steps will be taken to address these behaviours. Between Friends reserves the right to remove anyone not contributing to a safe and welcoming environment from current/future programs and membership.

Thank you for helping us create a community that is inclusive, respectful, safe, and kind.



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About W.E.S.O.A.R!

Registration
March 25
5:30 PM

Spring **W.E.S.O.A.R!** 2026

Our **W.E.S.O.A.R!** programs (Weekend & Evening Social Opportunities, Activities & Recreation) meet once a week for 1-3 hours to do a specific activity. Some of our programs do the same activity each week, and some programs change activities each week.

- Spring **W.E.S.O.A.R!** runs for 8 weeks
- There will be **no programs** April 3, 4, 5, or May 18

In-Program Support

Each of our **W.E.S.O.A.R!** programs have up to 10 participants, 1-2 staff, and 1-2 volunteers. **W.E.S.O.A.R!** runs at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact [our office](#).



What are those stars under each program?

Great question! The stars are to help you choose the right program for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity (**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, **1 star is the lowest amount, and 4 stars is the highest!**

Have Questions?

Our team has answers!
Here's how to contact them:

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W.E.S.O.A.R!



Teen Hobby Crafts

Are you passionate about crafting but looking to explore new avenues? Have you ever considered the idea of picking up a hobby, yet hesitated due to the uncertainty of whether you'll enjoy it? Now is your opportunity to experiment with a variety of creative activities alongside fellow enthusiasts.

Cost	\$184 (\$23/day)
Day	Sunday
Dates	April 19 - June 14
No Program	May 17
Time	1:00 - 3:00 PM
Location	Summit View United Church

Social ★★ ★

Personal Growth ★★ ★

Active ★★

Skill Development ★★ ★

Teen Creative Kitchen

Join us for a fun cooking and baking program where we'll make simple, delicious, budget-friendly meals and treats.

Cost	\$200 (\$25/day)
Day	Tuesday
Dates	April 21 - June 9
No Program	-
Time	5:00 - 7:00 PM
Location	Summit View United Church

Social ★★ ★★

Personal Growth ★★

Active ★

Skill Development ★★

Teen Time: South

Join us weekly to unwind with your friends! We will be doing a variety of activities each week, such as playing games, going to a movie, making crafts, and more!

Cost	\$252 (\$21/day)
Day	Wednesday
Dates	April 22 - June 10
No Program	-
Time	6:00 - 8:00 PM
Location	Various South Calgary Locations

Social ★★ ★★

Personal Growth ★★

Active ★

Skill Development ★★

W.E.S.O.A.R!



Teen Time: North

Join us weekly to unwind with your friends! We will be doing a variety of activities each week, such as playing games, going to a movie, making crafts, and more!

Cost	\$192 (\$24/day)
Day	Friday
Dates	April 24 - June 12
No Program	-
Time	6:00 - 8:00 PM
Location	Various North Calgary Locations

Social ★★★★★

Personal Growth ★★★

Active ★

Skill Development ★★

Teen Rec Swim

Ride the waves, hang in the hot tub, swing from the buoy ball rope swing, or splash around in the pool! Get ready for a great time hanging out with friends, doing your favorite water activity.

Cost	\$184 (\$23/day)
Day	Saturday
Dates	April 25 - June 20
No Program	May 16
Time	1:30 - 3:30 PM
Location	Trico Centre 11150 Bonaventure Dr SE

Social ★★★★★

Personal Growth ★★★

Active ★★

Skill Development ★★



About Special Events

Registration
March 25
5:30 PM

Spring **Special Events** 2026

Our **Special Events** are one-time events that happen throughout the year. Most of these programs have a fee, but our **dances/parties** are free as a perk of your membership!

In-Program Support

The amount of participants in each **Special Event** will vary, so make sure you check the "Capacity" in the information table. **Special Events** operate at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact our office.

What are those stars
under each special
event?

Great question! The stars are to help you choose the right event for you based on what you may be looking for in these categories:

Social: friendship building, group activities, and time to talk to each other

Personal Growth: mindfulness, building identity, and improving YOU

Active: the level of physical activity
(**note:** all programs are adapted for all levels of mobility)

Skill Development: creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

Have Questions?

Our team has answers!

Here's how to contact them:

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Special Events



Plant Your Day Ages 7-17

We're kicking things off with a delicious BBQ lunch, then it's time to roll up our sleeves and bring our Camp Garden to life!

We'll be digging in the dirt, planting awesome new flowers and veggies, and creating fun crafts to make our garden look AMAZING. Whether you love getting muddy, building cool things, or just hanging out with friends, there's something for everyone.

Snacks, drinks, sunshine, and tons of laughs included.

Cost	\$10
Day	Sunday, May 31
Time	12:00 - 4:00 PM
Location	Camp Bonaventure, Sandy Beach
Capacity	10 participants

Social ★★★★★ Personal Growth ★★★★★ Active ★★★★★ Skill Development ★★★★★

Games Day at Camp Ages 7-17

Get ready for an action-packed afternoon at Camp Bonaventure – Sandy Beach!

We'll have awesome stations set up for sports, games, and fun activities — so there's always something happening. Bring your energy, your friends, and get ready to move!

BBQ lunch, snacks, and drinks are all included.

Cost	\$10
Day	Sunday, June 21
Time	12:00 - 4:00 PM
Location	Camp Bonaventure, Sandy Beach
Capacity	10 participants

Social ★★★★★ Personal Growth ★★★★★ Active ★★★★★ Skill Development ★★★★★

Awards & AGM Ceremony

Join us on Friday, May 29 as we celebrate our accomplishments and personnel, participant, donor, and subcontractor awards for 2026.

Mark this date in your calendar. This event will not be available for registration at this time. A formal invite for all members and their families to come!



About Adventurers

Registration
March 25
5:30 PM

Spring **Adventurers** 2026

Our **Adventurers** trips offer you a chance to take a vacation! We offer a few different lengths of trips. Some are day trips, and some are overnights. Check out the information table next to each trip to learn more.

You'll notice the following symbols next to each trip. These symbols tell you about the type of trip:

Day Trips



Sleeping in Tents/Cabin



Sleeping in a Hotel/VRBO



In-Program Support

Each **Adventurers** trip will have up to 8 participants and 4 staff/volunteers. Trips typically operate at a 1:2 - 1:4 ratio.

Participants who require additional support in programs are welcome to come with a support aide, but arrangements must be made with the office and additional fees may apply.

If you are unsure if you need to bring additional support, please contact [the office](#).

Trip Information In This Guide

We want our members to get the most out of their experience in our programs. In this guide, you will find detailed information about each **Adventurers** trip to assist you with deciding which trips will be the best fit for you.

We will tell you about:

- The general schedule
- Cost, dates, and location
- Ratings:
 - **Programming Level:** is the trip fast paced or low paced? Is there a lot of down time?
 - **Physical Accessibility:** the accessibility of the physical spaces on your trip
 - **Sensory Friendly:** is the environment noisy and bright? Or, is there space & time to recharge?



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Monday - Friday
9:00 AM - 4:00 PM

What to Expect

Important

For each trip, you will find a "**What to Expect**" section. This will give you an overview about the trip's **Programming Level, Physical Accessibility, and Sensory Friendliness**.

The chart below gives you more information about what each of these ratings mean.

Ratings	Description	Levels
Programming Level	Is every single hour of the trip planned? Or, is there more time to relax and do my own thing? <ul style="list-style-type: none">• High paced = busy with only a little down time.• Medium paced = a mix of both.• Low paced = relaxed with lots of independent time.	High Paced Medium Paced Low Paced
Physical Accessibility	What's the environment like? Are the bathrooms accessible? Will we be traveling on rocky roads, smooth paths, or a bit of both?	Full Low See Description
Sensory Friendly	What is the sensory environment like? Are there lots of crowds, bright lights, and loud noises? Will there be quiet space to wind down?	Yes No See Description

Note: Our personnel will do their best to provide adaptations to support our members for their physical and sensory needs.



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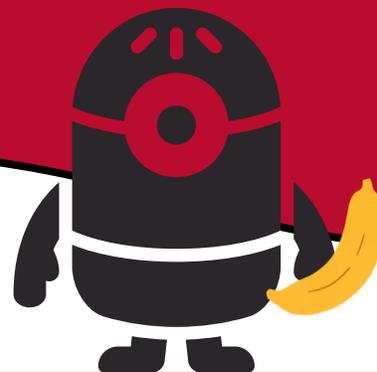


info@betweenfriends.ab.ca



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Adventurers



Jubilations Junior: Despicable Minionz



Ages
10-17

The world's most notorious supervillain has finally been rehabilitated and now has a new job... helping other supervillains reform. The world is safe at last... or is it? Can Gru really guide the most ingenious criminal masterminds toward life as well adjusted civilians? Physically accessible. Please note that crowds and the show may be loud.

Cost	\$125
Dates	Saturday, May 9
Time	11:00 AM
Location	Jubilations
Capacity	8 participants

What to expect:

Programming Level	Medium
Physical Accessibility	Full
Sensory Friendly	See Description

Camp LG Barnes



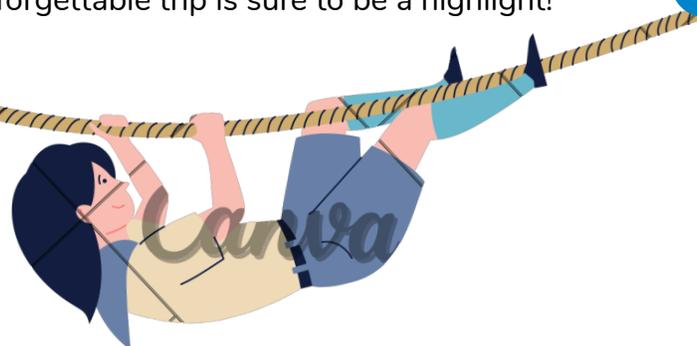
Ages
10-17

Get ready for the ultimate weekend adventure at Camp L.G. Barnes! This fully accessible camp experience is designed especially for our members. From exploring the outdoors and riding the Wally Wagon to meeting friendly farm animals like horses, alpacas, and happy goats, there's something for everyone to enjoy. This unforgettable trip is sure to be a highlight!

Cost	\$750
Dates	June 12 - 14
Length	2 days, 2 nights
Location	Camp L.G. Barnes
Sleeping	Dorm style beds
Capacity	8 participants

What to expect:

Programming Level	Medium
Physical Accessibility	Full
Sensory Friendly	Full



Volunteering

Register
Anytime!

Volunteer with Us

Volunteering is a great way for anyone to join our programs. Whether you're a parent, guardian, sibling, friend, or even a member who is ready to volunteer independently, we would love to have you join the team!

Volunteer in Training

The **free** Volunteer in Training (VIT) program gives Between Friends members the opportunity to develop volunteering skills in a safe, inclusive environment. VITs can gain experience by volunteering in **W.E.S.O.A.R!** and/or **Camp Bonaventure**.

Volunteers at **Camp Bonaventure** must be at least 12 years old, while volunteers in **W.E.S.O.A.R!** must be at least 16 years old.

We also offer many more volunteer opportunities including **Special Events**, helping out in our garden, and so much more!



Have Questions?

Our Team has answers!

Here's how to contact them:

 403 269 9133

 volunteers@betweenfriends.ab.ca

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Camp Bonaventure!

A fun outdoor summer day camp for youth ages 4-17



Summer Camp Awaits!

Camp Bonaventure is a fun, inclusive outdoor summer day camp for youth ages 4 - 17. Now offered in three convenient locations in Calgary. Each week features themed programming, creative play, community outings, and special highlights like swim days and off site adventures. Camp Bonaventure focuses on building friendships, encouraging independence, and helping campers explore new interests in a safe and supportive setting where everyone belongs.



2026 Sessions	
Session 1:	June 29 - July 10 (No Camp - Wednesday, July 1)
Session 2:	July 13 - July 24
Session 3:	July 27 - August 7 (No Camp - Monday, August 3)
Session 4:	August 10 - August 21

Ready to join the fun?

Connect with our team to get started!



403 269 9133



info@betweenfriends.ab.ca



Monday - Friday
9:00 AM - 4:00 PM

Ways You Can Give

Between Friends is where people with disabilities can feel connected, empowered, and have meaningful experiences through social and recreational programming. Consider giving today and help Between Friends continue to be a place where our participants can connect, grow and belong.

Visit: <https://betweenfriends.ab.ca/ways-to-give/>

Click the circles to learn more!



Build a Friends
in Motion
Team

Financial
Contribution

Legacy
Giving

Volunteer
With Us

Sponsor an
Event

Host a
Fundraiser

Skip the
Depot

Important Dates

MARCH

March 25	Spring Program Registration @ 5:30 PM <ul style="list-style-type: none">Note - phone line registration option will be open from 5:30 - 6:30 PM
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APRIL

April 19	Spring W.E.S.O.A.R! Programs Begin
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MAY

May 18	NO PROGRAMS & OFFICE CLOSED - Victoria Day
May 27	Summer Program Guide Out
May 29	Awards & AGM

JUNE

June 10	Summer Program Registration @ 5:30 PM <ul style="list-style-type: none">Note - phone line registration option will be open from 5:30 - 6:30 PM
June 23-25	Camp Bonaventure Caregiver Information Nights <ul style="list-style-type: none">Watch for email for time and location
June 29	Camp Bonaventure Begins!

Important Dates

MARCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11 Spring Guide Out	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Spring Reg. Night	26	27	28
29	30	31				

APRIL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Office Closed	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
Spring Programs Start						
26	27	28	29	30		

MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15 Office Closed	16
17	18	19	20	21	22	23
24	25	26	27 Summer Guides Out	28	29 AGM & Awards	30
31						

JUNE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Summer Reg. Night	11	12	13
14	15	16	17	18	19	20
21	22	23 Camp Info Night	24 Camp Info Night	25 Camp Info Night	26	27
28	29 1 st Day of Camp	30	←Camp B Session One→			