

# Red Deer Programs

Summer 2026 Registration Guide



Registration  
June 10  
5:30 PM



**Between Friends**  
connect • grow • belong

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View all the important dates in a calendar



Main Line  
403 269 9133



info@betweenfriends.ab.ca



Monday - Friday  
9:00 AM - 4:00 PM

# How To Register

## Before Registration Night

1

Decide the programs you want

2

Get your 2026 Membership

3

Test your member login

[Member Portal](#)

This season, you can register for a **maximum** of:

- 2 **Adventurers** Day Trips, and
- 2 **Adventurers** Overnight Trips, and
- Unlimited **Special Events!**

Be prepared to have back-up program choices ready as our programs fill up quick!

## Summer 2026 Registration Night: Wednesday, June 10, at 5:30 PM

### By Phone



403 508 0110

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Call the Registration Line - 403 508 0110

- **The line will be open 5:30 - 6:30 PM on registration night**
- **Do not call the main line**

If you are sent to voicemail, **call back** - don't leave a message

- Leaving a voicemail does **not** confirm registration

OR

### Online

[Member Portal](#)

Have your credit card ready

- Visa or Mastercard

Have your program choices ready

Log in or refresh the page at 5:30 PM

- **Programs will not show up before 5:30 PM**

If you have trouble, **call the Registration Line**

- 403 508 0110

# Program Fees

## Paying for Programs

Fees for Between Friends programs are **due at the time of registration**. Credit card, cash, and cheque payments or a fee assistance form must be submitted within **five (5) business days** or your registration will be cancelled.

## Fee Assistance

Between Friends does its best to make sure that every member who wants to attend programs is given the chance. In order to be accessible, we subsidize all programs for all participants. Additional Fee Assistance is available for a maximum of:

- 2 Between Friends **W.E.S.O.A.R!** programs, each season
- 2 Between Friends **Camp Bonaventure** sessions

Once your application is submitted, our team will review your application and contact you once a fee assistance amount has been calculated. For more information about our Fee Assistance Program or how to apply, please contact [info@betweenfriends.ab.ca](mailto:info@betweenfriends.ab.ca).

[Apply for Fee Assistance Here](#)



# Important Information

## Program Cancellation

To cancel registration you must contact [info@betweenfriends.ab.ca](mailto:info@betweenfriends.ab.ca). A **15% fee** will apply to all cancellations. Refunds will be provided only when vacancies can be filled, and the office is notified of the cancellation.

If a program is cancelled due to low registration, you may transfer to another program if space is available, or receive a full refund. We will contact you prior to the start date of the program if cancellation is necessary.



## Respect Policy

A safe and welcoming space is a shared community responsibility. We expect our members, parents, guardians, caregivers, and support persons to treat Between Friends personnel with respect and dignity.

Behaviours that make anyone feel unwelcome or unsafe will not be tolerated and appropriate steps will be taken to address these behaviours. Between Friends reserves the right to remove anyone not contributing to a safe and welcoming environment from current/future programs and membership.

Thank you for helping us create a community that is inclusive, respectful, safe, and kind.



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# About W.E.S.O.A.R!

Registration  
June 10  
5:30 PM

## Spring W.E.S.O.A.R! 2026


Our **W.E.S.O.A.R!** programs (Weekend & Evening Social Opportunities, Activities & Recreation) meet once a week for 1-3 hours to do a specific activity. Some of our programs do the same activity each week, and some programs change activities each week.

- Spring **W.E.S.O.A.R!** runs for 8 weeks: **July 10 - August 28**

## In-Program Support

Each of our **W.E.S.O.A.R!** programs have up to 10 participants, 1-2 staff, and 1-2 volunteers. **W.E.S.O.A.R!** runs at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact our office.



What are those stars under each program?

Great question! The stars are to help you choose the right program for you based on what you may be looking for in these categories:

**Social:** friendship building, group activities, and time to talk to each other

**Personal Growth:** mindfulness, building identity, and improving YOU

**Active:** the level of physical activity (**note:** all programs are adapted for all levels of mobility)

**Skill Development:** creative, physical, and practical skills

**Remember, 1 star is the lowest amount, and 4 stars is the highest!**

## Have Questions?

Our team has answers! Here's how to contact them:

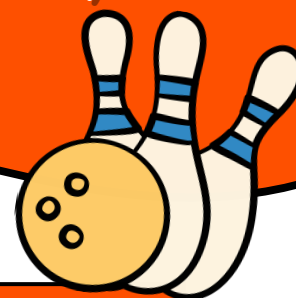
 403 269 9133

 [info@betweenfriends.ab.ca](mailto:info@betweenfriends.ab.ca)

 Monday - Friday  
9:00 AM - 4:00 PM

# Red Deer W.E.S.O.A.R!

(Weekend & Evening Social Opportunities, Activities & Recreation)



## Wednesday Night Bowling

Join us weekly for strikes, spares and a whole lot of cheers & laughs. Challenge yourself to beat your previous week's scores.

|          |                    |
|----------|--------------------|
| Cost     | \$200 (\$25/day)   |
| Day      | Wednesdays         |
| Dates    | July 8 - August 26 |
| Time     | 5:30 - 7:30 PM     |
| Location | Heritage Lanes     |

Social ★★

Personal Growth ★★

Active ★★

Skill Development ★★

## Friday Evening Escapes

Meet with friends to explore the many sights and activities our city has to offer; dinner out, swimming, bowling, and more throughout Red Deer.

This social-recreation opportunity supports connection, confidence, and trying new experiences in a welcoming environment. Program locations will be provided prior to the start of this session.

|          |                               |
|----------|-------------------------------|
| Cost     | \$192 (\$24/day)              |
| Day      | Fridays                       |
| Dates    | July 10 - August 28           |
| Time     | 6:00 - 8:00 PM                |
| Location | Various locations in Red Deer |

Social ★★

Personal Growth ★★

Active ★★

Skill Development ★★



# About Special Events

Registration  
June 10  
5:30 PM

## Spring **Special Events** 2026

Our **Special Events** are one-time events that happen throughout the year. Most of these programs have a fee, but our **dances/parties** are free as a perk of your membership!

## In-Program Support

The amount of participants in each **Special Event** will vary, so make sure you check the "Capacity" in the information table. **Special Events** operate at a 1:8 to 1:10 ratio (1 staff to 8-10 participants).

Participants who require additional support in programs are welcome to come with a support aide. If you are unsure if you need to bring additional support, please contact our office.

What are those stars under each special event?

Great question! The stars are to help you choose the right event for you based on what you may be looking for in these categories:

- Social:** friendship building, group activities, and time to talk to each other
- Personal Growth:** mindfulness, building identity, and improving YOU
- Active:** the level of physical activity (**note:** all programs are adapted for all levels of mobility)
- Skill Development:** creative, physical, and practical skills

Remember, 1 star is the lowest amount, and 4 stars is the highest!

## Have Questions?

Our team has answers!  
Here's how to contact them:



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Monday - Friday  
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# Special Events

(All ages)



## End of Summer BBQ

Get ready to join the End of Summer festivities at Camp B! Let's gather 'round for some good times, laughter, and reminiscing on this year's memories. Get ready to eat a delicious BBQ dinner, jam out to music, and play games! This event is not just for our members, it's for their families and friends too! Watch your email for details!

|          |              |
|----------|--------------|
| Cost     | FREE         |
| Day      | August 20    |
| Time     | 5:30 - 8:30  |
| Location | Location TBD |

### Important Note

If you are unable to make it after you have registered, you must inform the office at least 48 hours of the performance, or a \$10 fee will be applied to your account.

Social ★★★★★

Personal Growth ★★★

Active ★★★★★

Skill Development ★



# Camp Bonaventure!

An inclusive summer camp in Red Deer!

Registration  
is  
**OPEN!**

\*Closes June 22nd

## Summer Camp Awaits!

Camp Bonaventure is a fun, inclusive, outdoor summer day camp in Red Deer for youth ages 4 - 17. Each week features themed programming, creative play, community outings, and special highlights like swim days and off-site adventures.

Camp Bonaventure focuses on building friendships, encouraging independence, and helping campers explore new interests in a safe, supportive setting.



### 2026 Sessions

|                   |  |
|-------------------|--|
| <b>Session 1:</b> | June 29 - July 10<br>(No Camp - Wednesday, July 1) |
| <b>Session 2:</b> | July 13 - July 24                                  |
| <b>Session 3:</b> | July 27 - August 7<br>(No Camp - Monday, August 3) |
| <b>Session 4:</b> | August 10 - August 21                              |

## Ready to join the fun?

Connect with our team to get started!



403 269 9133



info@betweenfriends.ab.ca



Monday - Friday  
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# Volunteering

Register  
Anytime!

## Volunteer with Us

Volunteering is a great way for anyone to join our programs. Whether you're a parent, guardian, sibling, friend, or even a member who is ready to volunteer independently, we would love to have you join the team!

## Volunteer in Training

The free Volunteer in Training (VIT) program gives Between Friends members the opportunity to develop volunteering skills in a safe, inclusive environment. VITs can gain experience by volunteering in **W.E.S.O.A.R!** and/or **Camp Bonaventure**.


Volunteers at **Camp Bonaventure** must be at least 12 years old, while volunteers in **W.E.S.O.A.R!** must be at least 16 years old.



## Have Questions?

Our Team has answers!

Here's how to contact them:

 403 269 9133

 [volunteers@betweenfriends.ab.ca](mailto:volunteers@betweenfriends.ab.ca)

 Monday - Friday  
9:00 AM - 4:00 PM

# Ways You Can Give

Between Friends is where people with disabilities can feel connected, empowered, and have meaningful experiences through social and recreational programming. Consider giving today and help Between Friends continue to be a place where our participants can connect, grow and belong.

Visit: <https://betweenfriends.ab.ca/ways-to-give/>

Click the circles to learn more!



Build a Friends in Motion Team

Financial Contribution

Legacy Giving

Volunteer With Us

Sponsor an Event

Host a Fundraiser

Skip the Depot

# Important Dates

## JUNE

|         |   |
|---------|---|
| June 10 | <b>Spring Program Registration @ 5:30 PM</b> <ul style="list-style-type: none"> <li>Note - phone line registration option will be open from 5:30 - 6:30 PM</li> </ul> |
| July 22 | <b>Camp Bonaventure Info Night</b>  |
| June 29 | <b>Camp Bonaventure</b> <ul style="list-style-type: none"> <li>First Session starts - June 29 - July 10</li> </ul>  |

## JULY

|         |  |
|---------|--|
| July 1  | <b>Canada Day - No Programs/Camp</b>   |
| July 10 | <b>Summer W.E.S.O.A.R! Programs Start</b>  |
| July 13 | <b>Camp Bonaventure</b> <ul style="list-style-type: none"> <li>Session #2 starts - July 13 - July 24</li> </ul>  |
| July 27 | <b>Camp Bonaventure</b> <ul style="list-style-type: none"> <li>Session #3 starts - July 27 - August 7</li> </ul> |

## AUGUST

|           |   |
|-----------|---|
| August 3  | <b>Heritage Day - No Programs/Camp</b>  |
| August 10 | <b>Camp Bonaventure</b> <ul style="list-style-type: none"> <li>Session #4 starts - August 10 - August 21</li> </ul> |
| August 20 | <b>End of Summer Family BBQ (Free to Attend!)</b>   |
| August 19 | <b>Fall W.E.S.O.A.R! &amp; Special Events Program Guides Out</b>  |

## SEPTEMBER

|              |  |
|--------------|--|
| September 2  | <b>Fall W.E.S.O.A.R! &amp; Special Events Registration Night @ 5:30 pm</b> |
| September 30 | <b>National Day for Truth &amp; Reconciliation - No Programs</b>           |



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# Important Dates

## JUNE

| Sun | Mon                               | Tue | Wed                     | Thu | Fri | Sat |
|-----|-----------------------------------|-----|-------------------------|-----|-----|-----|
|     | 1                                 | 2   | 3                       | 4   | 5   | 6   |
| 7   | 8                                 | 9   | 10<br>Summer Reg. Night | 11  | 12  | 13  |
| 14  | 15                                | 16  | 17                      | 18  | 19  | 20  |
| 21  | 22<br>Camp Info Night             | 23  | 24                      | 25  | 26  | 27  |
| 28  | 29<br>1 <sup>st</sup> Day of Camp | 30  |                         |     |     |     |
|     |                                   |     |                         |     |     |     |

← Camp B Session One →

## JULY

| Sun | Mon                               | Tue | Wed                | Thu | Fri                         | Sat |
|-----|-----------------------------------|-----|--------------------|-----|-----------------------------|-----|
|     |                                   |     | 1<br>Office Closed | 2   | 3                           | 4   |
| 5   | 6                                 | 7   | 8                  | 9   | 10<br>Summer Programs Begin | 11  |
| 12  | 13<br>1 <sup>st</sup> Day of Camp | 14  | 15                 | 16  | 17                          | 18  |
| 19  | 20                                | 21  | 22                 | 23  | 24                          | 25  |
| 26  | 27<br>1 <sup>st</sup> Day of Camp | 28  | 29                 | 30  | 31                          |     |
|     |                                   |     |                    |     |                             |     |

← Camp B Session Two →

← Camp B Session Three →

## AUGUST

| Sun | Mon                               | Tue | Wed                  | Thu                     | Fri                    | Sat |
|-----|-----------------------------------|-----|----------------------|-------------------------|------------------------|-----|
|     |                                   |     |                      |                         |                        | 1   |
| 2   | 3<br>Office Closed                | 4   | 5                    | 6                       | 7                      | 8   |
| 9   | 10<br>1 <sup>st</sup> Day of Camp | 11  | 12                   | 13                      | 14                     | 15  |
| 16  | 17                                | 18  | 19                   | 20                      | 21                     | 22  |
| 23  | 24                                | 25  | 26<br>Fall Guide Out | 27<br>End of Summer BBQ | 28<br>Last Day of Camp | 29  |
| 30  | 31                                |     |                      |                         |                        |     |

← Camp B Session Four →

## SEPTEMBER

| Sun | Mon | Tue | Wed                  | Thu | Fri | Sat |
|-----|-----|-----|----------------------|-----|-----|-----|
|     |     | 1   | 2<br>Fall Reg. Night | 3   | 4   | 5   |
| 6   | 7   | 8   | 9                    | 10  | 11  | 12  |
| 13  | 14  | 15  | 16                   | 17  | 18  | 19  |
| 20  | 21  | 22  | 23                   | 24  | 25  | 26  |
| 27  | 28  | 29  | 30<br>Office Closed  |     |     |     |
|     |     |     |                      |     |     |     |